

Bean Bag Game Ideas

Balance

Easy: Balance bean bag on top of your head and walk along a straight line.

Hard: Try walking around obstacles or try to touch an object on the floor without the bean bag falling off your head.

Coordination

Easy: Toss bean bag gently in the air and catch it again.

Hard: Toss bean bag in the air and clap your hands before catching it again. Or try tossing and catching using only one hand.

Early Writing Skills

Easy: Toss bean bag with right hand to a target on the left side. Then toss bean bag with the left hand to a target on the right.

Hard: Do the same thing as the easy version, but try to get the bean bag into a basket or hoop.