

Endurance

Easy: Put bean bags on one side of the room or yard with a bucket on the other side. Run, hop, skip, crawl, or jump across the yard holding on to the bean bag and dropping it into the second bucket.

Hard: Place bean bags on belly and try to crab walk to the other bucket or leopard crawl with bean bag on your back.

Togetherness

Easy: Pass bean bag around a circle of friends.

Hard: Pass bean bag over head to the person behind you, then that person passes the bag under him or her to the person behind him or her, etc.